

2023

Sanctioned Event POOL LIFESAVING

AB/NWT

# **Claire Jones Memorial JLC Swim Meet**

**November 25<sup>th</sup>, 2023**

Meet Invitation and Information Package

Meet Name:

Claire Jones Memorial JLC Meet

Meet Host:

Town of Hinton Stingrays

Meet Type:

Invitational

Clubs Invited:

All active teams

Event Type:

Short course – age group events

Hosting Pool:

Dr. Duncan Murray Swimming Pool

Hinton AB

Start Date:

Saturday, November 25<sup>th</sup> 2023 at 8:00am

Warm-up Time:

Saturday, November 25<sup>th</sup> 2023 at 7:00am

End Date:

Saturday, November 25<sup>th</sup> 2023

Entry Deadline:

Saturday November 21<sup>st</sup> 2023 at 11:59pm

Meet Manager:

Mayce Mack

Contact Email:

[mmack@hinton.ca](mailto:mmack@hinton.ca)

Meet Phone Number:

(587) 597-8101 – Mayce

Meet Format:

Finals Only

Seeding:

Age Group (Senior Seeded)

6 lanes

Events Hosted:

SC Age Group Obstacle	SC Age Group Obstacle Relay	SC Age Group Manikin Carry with Fins	60 min Break	SC Age Group Manikin Tow with Fins	SC Age Group Medley Relay	SC Age Group Swim with Fins
X	X	X		X	X	X

Entry Limit:

Maximum individual entries per athlete:4

Maximum relay entries per athlete: 2

Qualification:

All athletes must be registered with the Lifesaving Society

Entry Fee:

\$45 per athlete

Entry Procedure:

Lifesaving Sports coaches must submit entries through [sport.lifesaving.org](http://sport.lifesaving.org)

Scoring:

Top sixteen places scored as shown

Placing	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Score	20	18	16	14	13	12	11	10	8	7	6	5	4	3	2	1

Awards:

Ribbons will be presented to the 1<sup>st</sup>, through 8<sup>th</sup> place male and female event winners in each age group.

Warm Up Information:

Warm-ups will be 30 minutes long occurring at the beginning of the meet. See warm up sheet.

Seeding:

Competitors shall be seeded for each event based on entry times submitted with registration.

Coaches Meeting:

The coaches meeting will be held at 7:30am.

Deck Entries:

Deck entries will not be permitted.

Relay Changes:

Relay changes shall be submitted no later than thirty minutes prior to the start of the session hosting the relay event(s).



