



2022/23

INVITATIONAL MEET

February 18, 2023

Meet Invitation and Information Package

Meet Name:

Lacombe Sea Lions Tri-Meet

Meet Host:

City of Lacombe Sea Lions

Meet Type:

Invitational Tri-Meet

Clubs invited:

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- City of Lacombe Sea Lions (Alberta & NWT)
 - City of Wetaskiwin Orcas (Alberta & NWT)
 - City of Camrose Tsunami (Alberta & NWT)
 - Town of Drayton Valley Lifesavers (Alberta & NWT)

Event Type:

Short course - age group events

Hosting Pool:

Lacombe Kinsmen Aquatic Centre

Lacombe, AB

Start Date:

Saturday, Feb 18, 2023

Warm-up Date:

Saturday, Feb 18, 2023 at 08:30 AM

End Date:

Saturday, Feb 18, 2023

Entry Deadline:

Tuesday, Feb 14, 2023 at 08:30 AM

Meet Manager:

Sheri Mitchell

Contact E-mail:

smitchell@lacombe.ca

Meet Phone #:

(403) 782-1251

Meet Referee:

Rob Leach

Meet Format:

Finals Only

Seeding:

Age Group (Senior Seeded)
6 lanes

Events hosted:

Manikin Carry with Fins	Manikin Tow with Fins	Rescue Medley	45- minute Break	Manikin Carry	Manikin Relay	Obstacle Swim	Medley Relay	End of Day
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Entry Limit:

Maximum individual entries per athlete: N/A
Maximum relay entries per athlete: N/A

Age Limit:

Minimum entry age for athletes: 0
Maximum entry age for athletes: 99

Entries to date:

Number of Clubs: 4

Qualification:

All athletes must be registered with the Lifesaving Society.

Entry Fee: *Updated*
2023-01-28

\$45 per athlete

Entry Procedure:

Lifesaving Sport Coaches must submit entries through <http://sport.lifesaving.org>.

Scoring:

Top sixteen places scored as shown

Placing	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Score	20	18	16	14	13	12	11	10	8	7	6	5	4	3	2	1

Ribbons will be presented to the 1st to 8th place male and female event winners in each age group

Seeding:

Competitors shall be seeded for each event based on entry times submitted with registration.

Coaches Meeting:

The coaches meeting will be held 30 minutes prior to the scheduled start of warm up.

Deck Entries:

Deck entries will be permitted provided they do not require the addition of another heat. Entries will be seeded into empty lanes in existing heats.

There will be one session of warm ups of 25 minutes with the last 5 minutes being open for dive practice. Teams will be assigned warm up times and lanes prior to the meet after registration has closed.